Comparative Health Status and Characteristics of Respondents of the 2019–2020 National Survey on Health and Disability by Sexual and Gender Minority Status

Abstract

We wanted to know how the health of adults who identify as sexual and gender minorities (SGM) and have disabilities compares to those who do not identify as SGM.

Here's what we did:

1. We used an online survey called the National Survey on Health and Disability, which was done between October 2019 and January 2020.
2. We looked at lots of information to see how SGM adults with disabilities are different from those who are not SGM. This included things like their age, where they live, what kind of disabilities they have, and their habits.
3. We used some math to compare these groups and found that SGM adults with disabilities reported having worse health when we adjusted for all the other factors.

What was learned is that SGM adults with disabilities in the United States tend to say they're not as healthy as those who are not SGM. This is important information to help make sure everyone gets the right care and support they need.