Gender Identity, Disability, and Unmet Healthcare Needs among Disabled People Living in the Community in the United States

Abstract

In the United States, there are people who have disabilities and people who are transgender. Sometimes, these individuals face challenges in getting the healthcare they need. We wanted to learn more about this, especially when it comes to understanding gender identity among people with disabilities. We looked at survey data to figure out if transgender people with disabilities have different healthcare needs compared to people who are not transgender but also have disabilities.

Here's what we found:

- 1. The kinds of disabilities transgender and non-transgender people have are mostly the same. But there were two differences:
 - Fewer transgender people said their main disability was related to physical or mobility problems.
 - More transgender people said their main disability was a developmental disability.
- 2. Even after considering things like age and where people live, we found that transgender people with disabilities were more likely to say they didn't get the healthcare they needed for most things, except for preventative services (like check-ups to stay healthy).

This study tells us that transgender people with disabilities might face more challenges in getting the healthcare they need. It's important to understand this so we can make sure everyone gets the right healthcare.

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