Examining rural-urban disparities in perceived need for health care services among adults with disabilities

Abstract

We wanted to know how people in rural and city areas with disabilities feel about their healthcare needs. Some people don't get the healthcare they need because of things like insurance or doctors being far away (we call this "unmet need"). Others might not think they need certain healthcare services (we call this "perceived need"). We looked at these differences between rural and city areas and how they affect adults with disabilities.

Here's what was found:

- 1. We didn't see big differences in unmet needs between rural and city folks.
- But, when it came to thinking about dental care and mental health counseling, there were differences. More people in rural areas said they didn't think they needed these services.
- 3. We used some math to figure this out and found that people in less populated areas were more likely to say they didn't need dental care or mental health counseling.

So, this tells us we need to look more into why people in rural areas might not feel like they need these healthcare services. It's important to understand this so we can make sure everyone gets the right care they need.

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