

Comparison of Health Disparities Among Americans with Intellectual Disability and/or Autism Spectrum Disorder and Americans With Other Disabilities

Abstract

This study used information from surveys to understand how American adults with intellectual disability (ID) and/or autism spectrum disorder (ASD) are different from those with other disabilities. We wanted to know about their health, getting healthcare, and being part of their community.

Here's what was found:

1. Adults with ID and/or ASD have some unique experiences and results compared to others with disabilities.
2. Even though all of them face similar problems with health and getting medical care, people with ID and/or ASD have their own set of challenges.

By learning about these differences, we can make new rules and plans to help improve the health and inclusion of people with ID and/or ASD in their communities.

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