

Health Disparities Among Sexual and Gender Minorities with Autism Spectrum Disorder

Abstract

We wanted to understand how people with autism who are also lesbian, gay, bisexual, transgender, or queer (LGBTQ+) feel about their health and healthcare. We did this by talking to them and looking at survey answers.

Here's what was found:

1. LGBTQ+ people with autism have more mental health problems, feel less healthy physically, and smoke more compared to straight and non-transgender people with autism.
2. LGBTQ+ people with autism also said they couldn't get the healthcare they needed, had trouble finding good doctors, and sometimes were refused help by doctors.
3. When we looked at both being LGBTQ+ and having autism, we saw that these problems got even worse.

This tells us that people who provide health insurance and doctors need to do more to help LGBTQ+ individuals with autism, especially as they grow up and need medical care as adults.

Hall JP, Batza K, Streed CG, Boyd BA, Kurth NK. (2020) [Health Disparities Among Sexual and Gender Minorities with Autism Spectrum Disorder](#). *Journal of Autism and Developmental Disorders*. 2020:1-7. doi:10.1007/s10803-020-04399-2.