

## **Gender Diversity, Disability, and Well-Being: Impact of Delayed and Foregone Care Because of COVID-19**

### **Abstract**

This study looked at how waiting longer or not getting medical care because of COVID-19 affected the well-being of adults with disabilities or with diverse gender identities (people who identify with genders other than just male and female). Adults between 18 and 64 years old were asked about these things in a national survey the authors led.

Here's what was found:

1. Most disabled adults had to wait longer or could not get medical care because of COVID-19, which made them feel worse.
2. Disabled adults with diverse gender identities were a lot more likely to wait longer for care, to miss care, and to say their health and well-being got worse because of that than cisgender (people whose gender identity matches the sex they were assigned at birth) disabled adults.

So, this study found that during COVID-19, disabled people, especially those who have diverse gender identities, had to wait longer or miss important healthcare. This makes their health problems even worse. We need to look more into how missing care affects people so we can make sure everyone gets the care they need.

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